

## The Life of Anthony by Athanasius of Alexandria

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Anthony lived in Egypt and became one of the fathers of Christian desert monasticism. When he was about 18 years old, and having inherited a large fortune, he heard a sermon about Jesus challenging the rich young ruler to exchange his earthly treasures for heavenly ones by selling his possessions and giving the proceeds to the poor. Anthony immediately sold all he had and went out into the desert to live a life of poverty, chastity, and obedience. For the rest of his life, he fought demons and performed miracles, becoming a legend in his own long lifetime.

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